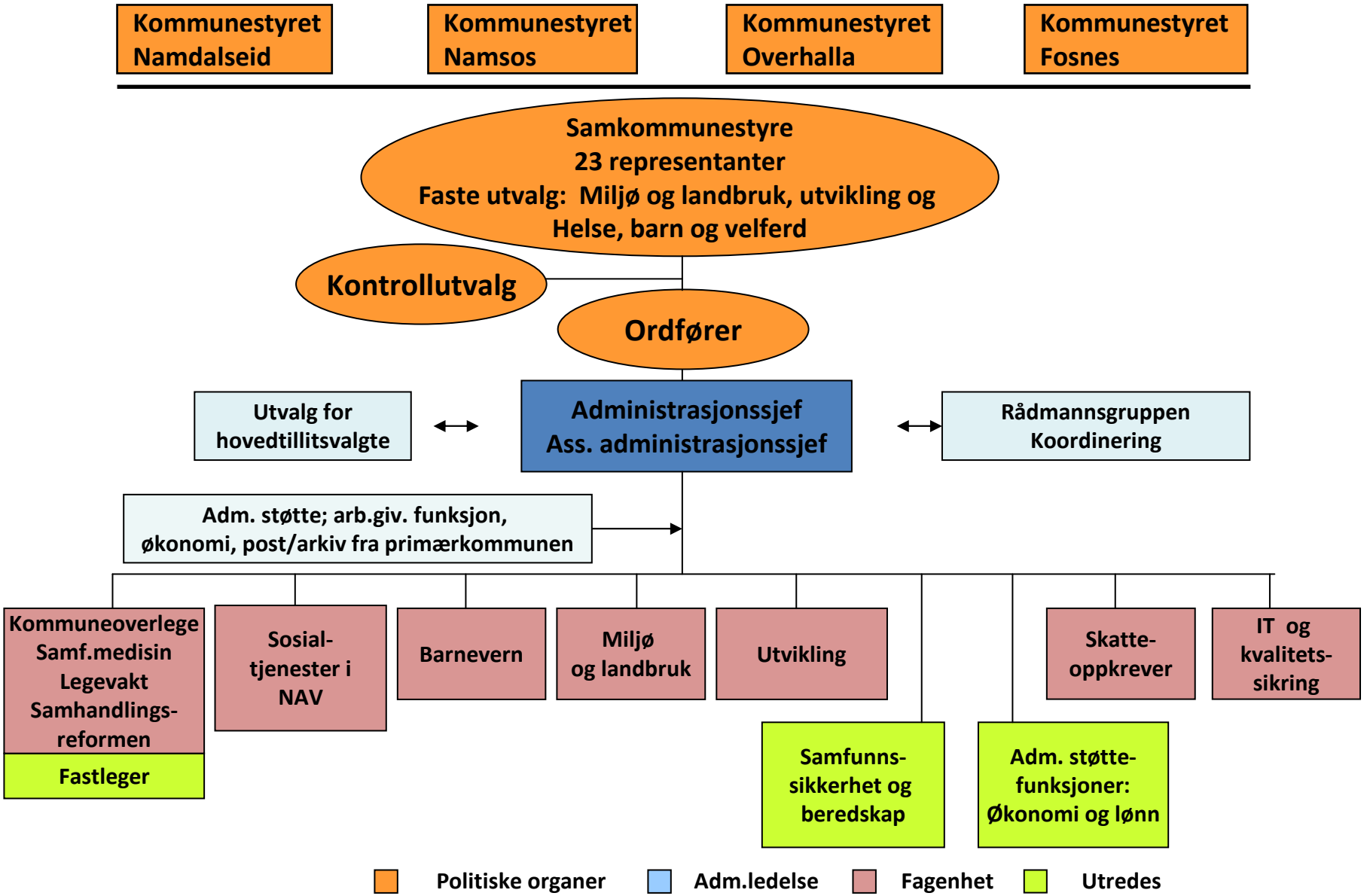Midtre Namdal samkommune